

**CHURCH OF OUR SAVIOUR-  
PO Box 827 Lebanon Springs, NY 12125**

**GIDEON'S TRUMPET MARCH 2022 VOLUME 14 #2**

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## **CHURCH SCHEDULE**

**ALL REGULAR SERVICES DURING LENT WILL BE @ 9 AM**

TEACHING SUNDAY MARCH 20, 2022 @ 9 AM

PALM SUNDAY APRIL 10, 2022 @ 9 AM

MAUNDY THURSDAY SERVICE APRIL 14, 2022 @ 7:30 PM

GOOD FRIDAY SERVICE APRIL 15, 2022 @ NOON

EASTER SERVICE APRIL 17, 2022 @ 9 AM

COVID RULE: The directions have changed again, and we are following these practices: Masks are optional. We will still sit 6 feet apart in the pews marked with the bows and use hand sanitizer prior to receiving communion in our pews. Father comes to us. Still no handshaking or HUGS, Father Dugger is so disappointed I know but soon I hope we can start again.

BISHOP SEARCH SURVEY: The diocese has sent out a survey they would like to have each parishioner complete and send back to them. If you did not get it or need help to complete let me know and I can help you. 518-794-7538

Teaching Sunday: We will have a Teaching Sunday once a quarter. I am excited to find new ways to express my love to the Lord using the old and the new, ours and others worship styles. Our first Teaching Sunday is scheduled for March 20<sup>th</sup>. We will use Rite 2 prayer D for Easter service.

Leadership Conference: The Leadership Conference was canceled due to the snowstorm.

Women's Retreat: 4/1 and 2 at Christ the King, Greenwich: Theme and speakers to be announced, check the Christ the King website.

Easter Flowers: Nothing says spring and new life like Easter lilies. If you would like to donate, please use the envelopes that will be in the pews 3/27 and 4/3. If you worship through online programs you can donate to the church via check and include who you would like to honor.

Summer Plans: Summer is coming, I promise, and with that and the ability to be together again, the vestry is looking for ideas as to what you would like to do and when. Think about it and let one of us know.

### **Outreach Opportunities-** Mary Young

Thank you to all who donate to our Food Pantry Ministry, Domestic Violence Shelter Ministry, the Pajama Drive, and the Feeding Program at St. Francis Mission.

New Lebanon Food Pantry: We have moved our pantry donations to the Stephentown Pantry for now as the New Lebanon pantry has an abundance. We will continue to support the New Lebanon Pantry Fuel Fund and will resume New Lebanon Pantry donations when needed.

St Francis Mission: Saturdays 9AM – 1:30 PM  
Arbor Hill, Albany, NY

Help prepare & serve meals at this Arbor Hill Mission in Albany.

Mary reports that the feeding program at St. Francis is something she had never done before but was interested in. She helped set up bags of food to be distributed while others prepared meals to be served. The people of the area are given a meal and a bag of food and are allowed to go through the racks of clothes. 200 meals are served each week to 70 families who live in the Arbor Hill section of Albany, many on the streets. If you wish to participate, please let her know.

Shoebox Ministry: Mary Young received the following information from Samaritan's Purse: a total of 11,261 shoeboxes were collected from the Northeast part of New York. 7.5 million shoeboxes were sent in from the continental United States and 9.1 million from the entire world to be given out. Jesus loves all the children of the world. This year we will be collecting shoeboxes from 11/14-11/21/ 2022.

Pajama Drive: Mary delivered the pajamas to St. Stephens for their Domestic Violence Shelter on 3/5. They were so excited to know that a small parish could have such a major effect. Mary's contact for the Domestic Violence Shelter has moved on but the new contact was very appreciative of our donation. Mary will call her when we have more.

## **From Father Frank Lockwood**

Dear Brothers and Sisters in Christ:

So, I stopped at Price Chopper to grab my lunch groceries and a few items for dinners for the week. I am one of those shoppers who likes to have the purchases already targeted before I get into the store. This way, I can swiftly move through the store, collect items, get through the checkout and done. I am not a browser. I do not like going up and down each aisle just in case I forgot something or, more likely, loss of impulse control leads to additional purchases I was not even thinking of.

To do this, I will grab a cart. I move into a section of the store and leave the cart. I then go through that section grabbing my items and return to the cart. Then, off to the next section. Depending on crowd, I will even stop the cart and leave it in smaller sections so as to get through whatever shoppers might be there and then return to the cart.

Typically, this makes for efficient shopping. Yes, I sometimes do forget items, particularly if I do not have a list. Yes, this may mean forgetting them during a couple of consecutive trips if they are not essential items to whatever I plan on cooking. However, I have learned to accept this as a natural consequence and do not usually overthink it. Sure, it would be even better to write out a list. The challenge then is to remember the list when I leave earlier in the day since I don't normally go shopping directly from home. Yes, as a matter of fact I have tried using my phone. This, particularly over the past two years of on again, off again mask wearing, has only increased frustration as I have to stop and keep unlocking my phone to review the list.

Anyways, I stopped on my way home Sunday to grab my needed items. My first stop is in produce as I try to limit myself to salads for lunch during the week. It is much healthier for me than eating from the local delis in Albany. Healthier for my body and healthier for my wallet. So, in the produce section I parked my cart and started to grab my items. Romaine lettuce, check. Tomatoes, check. Cucumber, check. Mushrooms, check. Tortilla strips, check. Back to the cart and I prepare to move on to the meat department to get my chicken. A flash of a hand goes into the top of the cart. I hear a voice from a man, "I don't mind if you take the cart but I need the bags."

I am confused.

I say back to him, "that's my bag." He responds that it isn't. I start to say it again and am about to say that I came in with a Stewarts reusable bag. Then I noticed he had two bags he laid down in a new cart. What? Wait? No!!

There, next to the cart I am holding is another cart...with my Stewarts bag sitting in it and the first item I grabbed on my way in. I begin to apologize. He tells me not to worry about it. I return to shopping.

.....and stay worrying about it.

Too often in life we can get trapped in wagon wheel ruts of routine and autopilot that typically aren't problematic but can quickly be when we fail to notice our surroundings. I have seen this in car accidents people have had; individuals become too casual in their driving and pull in front of another car because they "didn't see them". The reality is, they may have turned their head, but they didn't actually look. Our brains are wired to not respond to familiarity in surroundings. This allows room for noticing things that are out of "whack". A hunter memorizes (to an extent) the forest they are hunting. They note the patterns of leaves and branches. The subtle changes in color shades. They have studied it for quite some time. This way, when their quarry enters the arena, they don't have to see them. All they have to see is that something is different. Then they can begin to piece together what is different and thus identify their target.

The same is true for bank tellers. They do not waste time studying counterfeit bills. They instead spend their time studying the real thing. All the nuances that go into the bills; the "paper", the print, the weight, etc. This way, when a counterfeit bill crosses the palm, ideally, they note that something doesn't feel right.

In this modern age, it is too easy, with how fast things move, to get to the point of no longer noticing so many things. We fail to practice being present in the moment. Everything and anything could be real, fake, misplaced and we don't notice it. Why? Because we have slipped into autopilot out of self-preservation from the inundation of information and life's pace.

Lent, as a liturgical season, is or could be, the antidote. Lent is a season of reflection, calling us to self-examination of our faith, our commitment, our understanding and our journey. It is a time to intentionally develop that sense of being present. Brother Lawrence wrote a book on Practicing the Presence. He describes how he intentionally attempts to raise his own consciousness of God's presence in his life so that he becomes more and more aware of each step being a step not toward or away from God, but instead a step **with** God.

My shopping experience was a reminder of my own need to slow down and become more present in the moment. It was a reminder to not move so fast nor take things, like "your" grocery cart for granted. It was a reminder of how on autopilot I can become. This is something that I need to change.

If you are interested in learning more, please let me know.

In the love of Christ,

Fr. Frank

**From the Senior Warden – Elizabeth Sheffer-Winig**

As I was untangling seven necklaces this afternoon, I wondered how they got so twisted and intertwined. They weren't like that when I put them in the jewelry box. One by one the chains of the necklaces separated from their coil. After an hour, the seven necklaces laid on the comforter as individuals and not a messy blob. Each necklace had a story of who gave it to me, when it was given to me, and when I wore it. My parents gave me the gold and pearl one. My children gave me others. My husband gave me one. Birthdays, Christmases, and Mother's Day - celebrations of who I am and of my faith.

I thought about those tangled necklaces and where they came from and how patience and and a little praying helped me to straighten them out. Sometimes our lives are like tangled necklaces. How did it get that way? How do I untangle the chains? I do it with help - with the one who knows who I am and celebrates that person. God with His patience and love helps me untangle those messy chains and straighten me out. He answers my prayers and guides me so I can continue to be glorious me. I pray that God helps you untangle any chains that may arise in your lives.

**From the Treasurer- Richard Dauchy**

**Money Needed for Sanctuary Repairs**

We are planning repairs & painting to our Sanctuary in 2022. Please think about donating to Our Building Fund.

Also, as we all know, the price of Fuel Oil has increased...so please keep that in mind

Thanks again for all your generosity during 2021. With your help we are continuing to provide worship and fellowship in these difficult times.

**SPRING CLEANUP**

**APRIL 16<sup>TH</sup> @ 9AM**

Please come join us as we tidy up the grounds around the church...Bring your rakes and clippers !

## Church Service Zoom information-

Join Zoom Meeting

<https://us02web.zoom.us/j/82194417424?pwd=am4vekJsNHIVMWhYNDIxS2FOYXpjZz09>

Meeting ID: 821 9441 7424

Passcode: 414642

One tap mobile

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+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 408 638 0968 US (San Jose)

+1 669 900 6833 US (San Jose)

Meeting ID: 821 9441 742

Passcode: 414642

Find your local number: <https://us02web.zoom.us/j/kclAJWl9Jv>

### **Bible Study – Thursday @ 6:30 Topic: Bible Study**

Time: Jan 13, 2022 06:30 PM Eastern Time (US and Canada)

Every week on Thu, until Dec 22, 2022, 50 occurrence(s)

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: <https://us02web.zoom.us/meeting/tZEpcO->

[urzwsHNaG4UlgE42Ayoovl6fGHtS2/ics?icsToken=98tyKuGtqjwsHNWStH-FRpwMBo\\_CM-7zmGZdgo1cu0vQKid2NIHXL-1NJL4pFv\\_4](https://us02web.zoom.us/j/85476617662?pwd=OXh5OXdlYlhuNjFtTDdzL09wc0c3UT09)

Join Zoom Meeting

<https://us02web.zoom.us/j/85476617662?pwd=OXh5OXdlYlhuNjFtTDdzL09wc0c3UT09>

Meeting ID: 854 7661 7662

Passcode: 029694

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+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)  
Meeting ID: 854 7661 7662  
Passcode: 029694  
Find your local number: <https://us02web.zoom.us/j/k148aWil5>

## **PRAYER CONCERNS**

### **CLERGY**

Presiding Bishop Michael Curry                      Deacon Leslie Gronemen  
Rev. Randolph Lukas    Bishop Smith                      Pope Francis  
Father John                      Deacon Peter  
Rev Frank Lockwood                      Archbishop of Canterbury-Justin Welby  
                    Diocesan Standing Committee                      Dean's Committee  
Vestries of Church of Our Saviour & Christ Church Cocksackie  
Bishop's Search Committee

### **GOVERNMENT**

President Biden                      Governor Hochul                      Senator Kirsten Gillibrand  
Senator Charles Schumer    Senator Daphne Jordan    Assemblyman Jake Ashby  
Congressman Anthony Delgado                      Tistrya Houghtling- Supervisor

Mary Dodd	Richard Jones	Kathy Lepore
John & Teri Koepf	Malcom Larabee	Barbara
Packy Root	Kendall	Michael D
Al & Jeanne Mayer	Joanne Lockwood	Deborah Knapp & Family
Storm Riders	Misty Snowman	Theresa Hoffman
Nancy Stock	Jamie	Cece Best
Family of Matt Larabee	Family of Paul Sykes, Sr	
Paul J. Winig	Kathryn Bartholomew-Wood	

Deaths of Matt Larabee & Paul Sykes, Sr

U.S. MILITARY

## **SPECIAL PRAYERS FOR ALL WHO ARE SUFFERING FROM COV 19 INCLUDING ALL VARIANTS**

## **SPECIAL PRAYERS FOR ALL ESSENTIAL WORKERS**

## **SPECIAL PRAYERS FOR UKRAINE**

## Prayer in a Time of Transition

Heavenly Father, we praise and thank you for this, your diocese of Albany. Inspire and sustain us in this time of transition.

Incline our hearts to do your will, and so direct us in your ways that the leader you are raising up to be our Bishop will find here joyful disciples, making disciples, united in faith, unflagging in hope, and steeped in mutual charity.

In your mercy, accept our repentance, and grant us peace; look with patience on our enthusiasms; and pour rich gifts and grace upon all who are entrusted with the ongoing work of your church; so that, with diligence and charity, we may discern correctly and walk righteously in your ways.

This we ask in the name of Jesus Christ, our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever.  
Amen.

